



Boots to Health Foundation is a veteran nonprofit focused on health and wellness for veterans nationwide. They hope to develop an app to engage veterans and create a community platform while offering resources and benefits to the veterans they serve.

Wishlist for app (open to adjustments/feedback):

- Similar app development to "Train Heroic"
- Direct in group messaging system
- Photo / video integration
- Ability for coaches view performance and training stats per veteran
- Ability to track signups and check ins
- Ability to have resource tab with veteran support, ways to get funding, nutrition advice and the suicide hotline number and the va number (resource widget within the app)
- Exercise & movement library with description for exercises and ability to hyperlink YouTube videos
- Exercise library application to individual workouts / training programs
- Ability to make training programs and ability to prescribe one on one coaching or group coaching