

## Resource Recommendations for SPFMatch

### 1. Fitzpatrick Scale

- The Fitzpatrick skin-type scale categorizes skin into six types based on response to sun useful for guiding SPF recommendations [Dermletter.com](https://dermletter.com).

WHAT IS YOUR FITZPATRICK SCALE SKIN TYPE?			
What Is Your Fitzpatrick Scale Skin Type?	Celebrity Match	Minimum SPF	Details
<b>I</b> Ivory skin Never tans, always burns		SPF 30+ everyday	 Ivory skin that burns very easily and doesn't tan. Likely to have light blonde or red hair and light eyes. <b>Celebrity Match:</b> Emma Stone, Anne Hathaway, Cate Blanchette
<b>II</b> Fair to light Usually burns, tans with difficulty		SPF 30+ everyday	 Fair to light skin that will usually burn in the sun, and has difficulty tanning. <b>Celebrity Match:</b> Drew Barrymore, Jennifer Aniston, Brad Pitt, Zach Efron
<b>III</b> Fair to beige Sometimes burns, tans gradually		SPF 30+ everyday	 Fair to beige skin with golden undertones that will sometimes burn and will tan gradually. <b>Celebrity Match:</b> Sandra Bullock, Demi Moore, John Stamos
<b>IV</b> Light brown, Rarely burns, easily tans		SPF 30+ everyday	 Olive or light brown skin that will tan easily and rarely burn. <b>Celebrity Match:</b> Eva Mendes, Jessica Alba, Taylor Lautner
<b>V</b> Dark brown Tans without burning		SPF 15+ everyday	 Dark brown skin that will tan without burning. <b>Celebrity Match:</b> Tyra Banks, Mindy Kaling, Barack Obama
<b>VI</b> Deep brown Never burns and quickly tans		SPF 15+ everyday	 Deeply pigmented dark brown skin that never burns and will tan very quickly. <b>Celebrity Match:</b> Michelle Obama, Lupita Nyong'o, Kanye West

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### 2. Sunscreen Recommendations by Skin Type & Preference

#### General Overview & All-Round Picks

- The Strategist (New York Magazine)*: Offers the top 12 best sunscreens of 2025, including options like EltaMD UV Sport SPF 50, Neutrogena Ultra Dry-Touch, Blue Lizard Sensitive Mineral, EltaMD UV Pure (mineral), and Black Girl Sunscreen. <https://nymag.com/strategist/article/best-sunscreens.html>

## By Skin Type

- **Sensitive Skin:** [Allure – Best Sunscreens for Sensitive Skin](#).
- **Combination Skin:** *Glamour* highlights top picks including Hero Cosmetics Force Shield Superlight (best overall), La Roche-Posay Clear Skin (drugstore), EltaMD UV Daily Tinted (tinted), Supergoop Unseen (sensitive), SkinCeuticals Physical Fusion (acne prone), and Paula's Choice Non-Greasy (mature).  
<https://www.glamour.com/story/best-sunscreens-for-combination-skin>
- **Oily Skin:** [Allure – Best Sunscreens for Oily Skin](#) and [Glamour – Best Sunscreens for Oily Skin](#).

## Broad Skin Tone Categories

- *The Strategist (Face)*: Highlights “Melanin-Rich Skin” picks, including Black Girl Sunscreen SPF 30 (chemical) and Colorescience No-Show Mineral SPF 50. [New York Magazine](#).
- *Peer-reviewed review*: Recommendations for sunscreen selection based on skin tone and activity level. [National Library of Medicine – PMC8072489](#).

## Mature Skin

- *Women's Health*: Key factors include hydrating ingredients (hyaluronic acid, ceramides), antioxidants (vitamins C/E, niacinamide), and top formulas such as Isdin Eryfotona Ageless (tinted mineral), EltaMD UV Daily or Clear (hydrating), Olay Super Cream (vitamins + niacinamide), and Ultra Violette Velvet Screen (mattifying tinted). <https://www.womenshealthmag.com/beauty/g65467921/sunscreen-for-mature-skin/>.

## Mineral and Chemical

- *The Strategist (Face)*: Covers a variety of preferences, including both mineral and chemical options, with dermatologist-backed picks. [New York Magazine](#).