

Motivation

JoJo Yang | Yichen Yu



Does anyone else feel super unmotivated for classes?

Question

I can't be the only one. I usually love the hectic energy of the beginning week of classes as I readjust myself to being in a Charlotte. Yet, I've just simply felt unmotivated with these online courses. It's a drastic change from in-person instruction. Just sitting at a computer everyday and barely doing anything is getting sickening. I've been trying to adapt, yet something isn't clicking. I c
Spring 202

School work motivation

↑ 90 ↓

Discussion

Has anyone seen my motivation? Its been missing for a few days. Maybe I should file a missing person's report.... 🤔

Discussion

I'm so behind its not even funny... online school is so anyone else?

🔗 Share

🎁 Award

I don't know about you guys but I have barely any motivation to do any work for my classes because Of the transition. I'm sorry to be venting but I have so much work to do because I took a day off to move off campus to my house. Hope someone feels the same

↑ 121 ↓

💬 16

🔗 Share

🎁 Award



Problems

Lack proper environment
Lack friends & peers
Lack stable mind
and, definitely

LACK MOTIVATION



Needs

Need formation of good habits
Need interaction with others
Need to be organized
thus,

NEED EXTERNAL HELP



Help you
stay focus



Communicate with
friends and peers



MOMENTUM

Keep track of
your activities

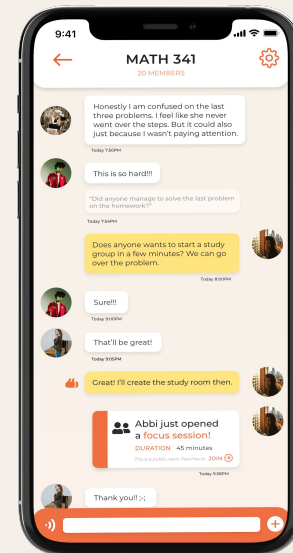
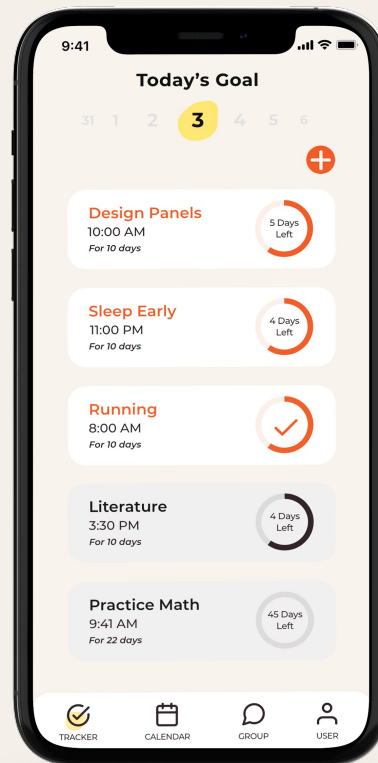


1 / Cultivate Habits

2 / Create Interactions

3 / Stay Focus

4 / MOTIVATES!





THANK YOU!